

# Vital Health



## Brain Flex™

*a dietary supplement*



**30 Vegetarian Tablets**

SFB: 03-21-08

### Supplement Facts

Serving Size: 1 Vegetarian Tablet

Amount Per Serving	% DV†	Amount Per Serving	% DV†
Vitamin C.....5 mg..... 8 (as 12.5 mg of ascorbyl palmitate)		Korean Red Ginseng Root.....25 mg..... * ( <i>Panax ginseng</i> )	
Folic Acid.....50 mcg..... 12		L-Taurine.....25 mg..... *	
Vitamin B12 (100% as dibenzoyl).....50 mcg.....833		Royal Jelly Extract.....25 mg..... *	
L-Glutamine.....75 mg..... *		(contains minimum 1.6% 10-Hydroxy-2-Decenoic Acid)	
Acetyl-L-Carnitine.....50 mg..... *		<i>Eleutherococcus senticosus</i> .....25 mg..... *	
DMAE (dimethylaminoethanol).....50 mg..... *		Root 50:1 Extract	
Ginkgo Biloba Standardized Extract.....50 mg..... *		Phosphatidyl Choline.....25 mg..... *	
(24% ginkgoflavonglycosides and 6% terpene lactones)		(from soybean lecithin)	
L-Pyroglutamate.....50 mg..... *		Phosphatidyl Serine.....15 mg..... *	
Choline (from choline bitartrate).....35 mg..... *		Coenzyme Q10.....10 mg..... *	
Gotu Kola Herb ( <i>Centella asiatica</i> ).....25 mg..... *		L-Serine.....5 mg..... *	
Hawthorn Berry.....25 mg..... *		Ginger Root ( <i>Zingiber officinale</i> ).....3 mg..... *	
( <i>Crataegus laevigata</i> )		Bioperine®.....1 mg..... *	

† - % Daily Value \* - Daily Value Not Established

Other Ingredients: Cellulose, deep mined calcium phosphates, fructose, vegetable stearates, orange juice, magnesium stearate, silica, and nicotinate.

**NO** corn, salt, yeast, gluten, milk & egg products, sucrose, starch, or preservatives.

**One to two tablets daily, as a dietary supplement.**

**Bioperine®** Licensed Under U.S. Patent Numbers:  
5,536,161; 5,744,382; and 6,054,585.

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Manufactured by Highland Laboratories  
PO Box 199, Mt. Angel, OR 97362