

# Vital Health



Also available  
in 600 grams

*vanilla flavor*

# Fizzy Cal-Min™

*citrate chelates*

*a dietary supplement*

**300 Grams**



SFB: 06-23-06

## Supplement Facts

Serving Size: Two (2) Rounded Teaspoons

Amount Per Serving		% DV†
Vitamin D3 (cholecalciferol) .....	1,000 IU .....	250
Calcium (elemental, from calcium citrate) .....	600 mg .....	60
Magnesium (elemental, from magnesium citrate) .....	300 mg .....	75
Zinc (elemental, from zinc citrate) .....	22.5 mg .....	150
Selenium (elemental, from selenium amino acid chelate) .....	10 mcg .....	14
Chromium (elemental, from chromium amino acid chelate) .....	10 mcg .....	8
Molybdenum (elemental, from molybdenum amino acid chelate) .....	1 mcg .....	1
Potassium (elemental, from potassium citrate) .....	50 mg .....	1
Glycine .....	500 mg .....	*
Boron (elemental, from boron citrate) .....	3 mg .....	*
Vanadium (elemental, from vanadium amino acid chelate) .....	10 mcg .....	*

† - % Daily Value \* - Daily Value Not Established

Other Ingredients: Fructose, silica, vanilla flavors, and licorice root extract.

**NO** corn, soy, salt, yeast, gluten, milk & egg products, sucrose, starch, or preservatives.

**Two (2) rounded teaspoons (10.4 grams) in one half glass of water or juice for daily calcium supplementation, as a dietary supplement.**

**Delicious vanilla flavor**

**NO aspartame**



PR 741

Manufactured by Highland Laboratories  
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