

Vital Health



Also available
in 180 count

Omega 3 EPA - DHA™

*USP marine fish oils
a dietary supplement*

90 Soft Gels

Supplement Facts

Serving Size: 2 Soft Gels

Amount Per Serving	
Calories 22	Calories from Fat 18
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%DV†	
Total Fat 2.0 g.....	4
Saturated Fat 0.2 g.....	1
Cholesterol 10 mg.....	4
Sodium 0 mg.....	0
Total Carbohydrates 0.3 g.....	<1
Dietary Fiber 0 g.....	0
Sugars 0 g.....	
Protein 0.6 g.....	

Amount Per Serving	%DV†
Marine Lipid Concentrate.....	2,000 mg....*
(natural, from fish body oils)	
Total Omega 3 Fatty Acids.....	600 mg....*
EPA (eicosapentaenoic acid).....	360 mg
DHA (docosahexaenoic acid).....	240 mg

† - % Daily Value

* - Daily Value Not Established

Other Ingredients: Gelatin, glycerin, purified water, and mixed tocopherols.

NO corn, soy, salt, yeast, gluten, milk & egg products, sugar, starch, or preservatives.

As a dietary supplement, adults 1-2 soft gels with each meal or as otherwise directed by your health care professional.

Consumption of omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive.

Store in a cool, dry place and keep lid tightly closed.

PR 813

Manufactured by Highland Laboratories
PO Box 199, Mt. Angel, OR 97362

