

# Vital Health



Also available  
in 180 count

## Quercetin/ Nettle Plus™

*a dietary supplement*

**90 Vegetarian Tablets**



SFB: 08-17-06

### Supplement Facts

Serving Size: 3 Vegetarian Tablets

Amount Per Serving	% DV†
Vitamin C (from 336 mg magnesium ascorbate).....	250 mg ..... 417
Pantothenic Acid (from 275 mg d-calcium pantothenate) .....	250 mg ..... 2,500
Magnesium (from magnesium ascorbate).....	66 mg ..... 17
Quercetin (from <i>Dimorphandra mollis</i> seed pods).....	1,000 mg ..... *
Bromelain 1200 GDU/g .....	150 mg ..... *
Stinging Nettle Leaf (freeze dried <i>Urtica dioica</i> ) .....	100 mg ..... *

† % Daily Value \* Daily Value not established

Other ingredients: Cellulose, vegetable stearate, silica, and magnesium stearate.

**NO** corn, soy, salt, yeast, gluten, milk & egg products, sugar, starch, or preservatives.

**Three to six tablets daily, as a dietary supplement.**

Manufactured by Highland Laboratories  
PO Box 199, Mt. Angel, OR 97362

PR 1146

