

# Vital Health

Also available  
in 180 count



*esterified - acid free*

## Ultimate C 500

*with bioflavonoids & rutin*

*a dietary supplement*

**120 Vegetarian Capsules**



SFB: 05-12-04

### Supplement Facts

Serving Size: 1 Vegetarian Capsule

Amount Per Serving		% DV†
Vitamin C (from calcium poly ascorbate) .....	500 mg.....	833
Calcium (from calcium poly ascorbate) .....	57 mg.....	5
Citrus Bioflavonoid Complex .....	100 mg.....	*
Hesperidin .....	50 mg.....	*
Rutin .....	50 mg.....	*

† - % Daily Value \* - Daily Value Not Established

Other Ingredients: Vegetable cellulose (preservative-free, from capsule shell), magnesium trisilicate, cellulose, silica, and magnesium stearate.

**NO** corn, soy, salt, yeast, gluten, milk & egg products, sugar, starch, or preservatives.

**One or more capsules daily, as a dietary supplement.**

Our acid free poly ascorbate is specially bound with esterified niacin and a vegetable surfactant for maximum uptake and assimilation.

Manufactured by Highland Laboratories  
PO Box 199, Mt. Angel, OR 97362

PR 313

